WHAT IS CLAIMED IS:

 A device for manipulating an optical data storage disc, comprising:

a semi-flexible planar top element having a
first face surface;

a semi-flexible planar bottom element having a second face surface, wherein said top element and said bottom element are joined together along a common joint so that said first face surface and said second face surface are in opposition; and

padding material disposed on said first face surface and said second face surface.

- 2. The device according to Claim 1, wherein said bottom element has a larger area than does said top element.
- 3. The device according to Claim 1, wherein said top element and said bottom element are sections of a common blank of material that is folded over to form said common joint.

- 4. The device according to Claim 3, wherein said blank of material is paper.
- 5. The device according to Claim 1, wherein said top element and said bottom element are thin sheets of plastic.
- 6. The device according to Claim 1, wherein said padding material is a fiber felt.
- 7. A method of manipulating an optical data storage disc having at least one data storage surface, said method comprising the steps of:

providing a device having at least one flat
padded surface;

positioning said flat padded surface adjacent said at least one data storage surface of said optical data storage disc; and

manually gripping and moving said optical storage disc, wherein said flat padded surface is biased against said at least one data storage surface and said device prevents direct contact of said at least one data storage surface.

- 8. The method according to Claim 7, wherein further including the step of folding said flat padded surface around an edge of said optical data storage disc.
- 9. The method according to Claim 7, wherein said device has two opposing flat padded surfaces.
- 10. The method according to Claim 9, wherein said two opposing flat padded surfaces are joined together along a common joint.
- 11. The method according to Claim 9, wherein one of said two opposing flat padded surfaces is larger than the other and overhangs the other.
- 12. A method of removing a compact disc from a jewel case, comprising:

providing a manipulation device having at least one flat padded surface;

advancing said flat padded surface under the compact disc in the jewel case;

gripping the disc utilizing, at least in part, said flat padded surface, wherein said flat padded surface prevents the compact disc from being directly contacted by a user's fingers;

separating said compact disc from the jewel case by manipulating the compact disc when gripped.

- 13. The method according to Claim 12, wherein said compact disc has opposite face surfaces and said method includes gripping said opposite face surfaces between sections of said flat padded surface.
- 14. The method according to Claim 13, wherein said sections of said flat padded surface are formed from a common blank of material and wherein said step of providing a manipulation device includes folding said common blank of material so that said sections of said flat padded surface oppose one another.
- 15. The method according to Claim 12, wherein said sections of said flat padded surface include a bottom section and a top section.

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16. The method according to Claim 15, wherein said bottom section overextends said top section.